

INDEPENDENT LABORATORY TESTS

Running shoes

For women



	Saucony Triumph 17	Adidas Ultraboost 20	Brooks Ghost 12	Nike Air Zoom Pegasus 36	New Balance 1080 v10	Hoka One One Clifton 6	Asics Gel- Nimbus 22	Altra Torin 4 Plush
Approx. price Euro	165	165	145	120	170	165	170	175
Consumer contact	saucony.com	adidas.com	brooksrunning.com	nike.com	newbalance.com	hokaoneone.eu	asics.com	altrarunning.com
OVERALL RATING, 1 - 10 (10 IS BEST)	8,2	7,7	7,4	7,2	7,1	6,7	6,1	5,6
Comment	Best in test	Good cushioning. Stable shoe with good running properties.	Stable shoe with good running properties but inferior rebound.	Good running properties. Very good rebound but inferior cushioning.	Stable shoe with good running properties.	Good cushioning.	Worst rebound.	Poor cushioning and inferior rebound.
PARTIAL RATINGS, 1-10 (WEIGHT IN OVERALL RATING IN BRACKETS)								
Rebound (20%)	7,3	6,2	5,1	7,8	6,1	5,9	2,9	4,6
Cushioning (30%)	7,8	7,1	6,1	5,4	6,5	7,2	6,7	4,6
Running properties (50%)	8,7	8,7	9,0	8,0	7,8	6,8	7,0	6,5
PRODUCT INFORMATION								
Cushioning/stability	Mjuk/Medium	Mjuk/Medium	Medel/Medium	Medel/Medium	Mjuk/Medium	Mjuk/Medium	Mjuk/Medium	Mjuk/Medium
Stated weight per shoe (g)	261	266	238	229	238	209	264	241
SELECTED PARAMETERS AND TEST RESULTS								
Energy return (%)	57	53	49	59	53	52	41	47
Cushioning capacity (body weight per sec) *	99	93	108	140	130	122	95	146
Deformation in cushioning (mm) **	12	10	10	11	12	13	9	10
Stability (runners' panel), 1-10	8,4	8,7	9,2	7,8	8,0	7,0	7,8	6,1
Running properties (runners' panel), 1-10	8,8	8,8	9,2	8,4	7,9	6,7	6,7	6,5

*The lower the value, the better the shock absorption. **Higher value = higher compression, which contributes to better shock absorption.